



# Willow Tree Academy

RHE

Relationships and Health Education

## What is Relationship Health Education?

The Government's definition is this: "It is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health".

Currently, PSHE (Personal, Social, Health Education) remains a non-statutory subject, and section 2.5 of the National Curriculum framework document states that: 'All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice.' However, from September 2020, Relationships Education will become statutory in Primary schools in England.

Furthermore, the guidance also sets out both the rights of parents/carers to withdraw pupils from sex education (but not Relationships or Health Education) and the process that head teachers should follow in considering a request from a parent. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RHE

## Parent withdrawal

RHE should be a partnership between the school and the parents/carers, working for every child's safety and benefit. As part of our statement of intent, we endeavour to ensure that we provide our pupils with the life-skills that will enable them to thrive while covering topics and subjects which will ensure that they are prepared for the future and know how to keep themselves safe and develop an understanding of relationships in the world. Specific and focused training in this area will ensure that teaching of RHE is tentative, understanding and sensitive to the needs of each and every individual.

The Scheme of Work and RHE policy will be made available on the school website and it is documented within this scheme where parents/carers have the right to withdraw their child.

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RHE. Before granting any such request, the headteacher will discuss this with parents and, as appropriate, with the child to ensure that their wishes are understood and to clarify the nature and purpose of the curriculum. Records will be kept by staff in school of those who have been withdrawn from RHE.

## Scheme of Work for KS2:

<b>Year 3</b>	<ul style="list-style-type: none"><li>● Healthy/ Respectful Relationships</li><li>● Keeping myself safe</li><li>● Respect</li></ul>	Cannot withdraw
<b>Year 4</b>	<ul style="list-style-type: none"><li>● Healthy/ Respectful Relationships</li><li>● Keeping myself safe</li><li>● Respect</li><li>● Body Image</li></ul>	Cannot withdraw
<b>Year 5</b>	<ul style="list-style-type: none"><li>● Body Image</li><li>● Puberty</li><li>● Understanding Gender Identities</li><li>● Different families, same love</li></ul>	Cannot withdraw
<b>Year 6</b>	<ul style="list-style-type: none"><li>● Puberty/ Changing Adolescent Bodies</li><li>● Sex: What's it all about?</li></ul>	Option to withdraw from 'Sex: What's it all about?' sessions

### Support from home:

What children learn at school is part of the puzzle, and children can continue to learn from you at home. When there is a collaborative partnership between home and school, this enables children to thrive in their understanding, their empathy and their connectedness within society.

Here are some tips for talking to your child:

- Be honest: if you don't know the answer to a question, be honest and say so.
- Remember that children are curious and want to know and understand.
- Keep lines of communication open: having an open and honest relationship with your child can really help make conversations easier.
- Use correct terminology- This is hugely important for safeguarding too.
- Respond to what children say they need: bear in mind that children's lives today are very different from even five years ago. Therefore, the education they receive needs to reflect this. Research shows us time and time again that children want and need RHE that is age- and stage-appropriate, that teaches them about relationships and emotions, and that is returned to consistently throughout their education.
- Always respond: if you don't, she or he may think it is wrong to talk to you about relationships, puberty or human reproduction and as a result you may find your child clams up when you raise the subject.
- Listen rather than judge.
- Work in partnership with the school