

# Virtual sports day score sheet

You will need:

- Towel or jumper/t-shirt
- Pair of socks
- A Toilet roll
- Tea bag
- Bucket or saucepan
- 2 tins or plastic bottles
- Teddy bear or pillow
- A drink and plenty of energy

<b>Event</b>	<b>Score</b>
Toilet Roll Squat Challenge	
Shuttle run Challenge	
Sock Target Challenge	
Star jump Challenge	
Around the world challenge	
Sit down then stand up challenge	
Throw and catch challenge	
Tea Bag Keepy Up	
Shoulder press	
Speed Bounce Challenge	
<b>Total score</b>	